

Notice from the psychology department

2016 – 2017

There will be a yoga and JPMR (Jacobson's progressive muscular relaxation) session on February 11<sup>th</sup> 2017 for all health psychology students, in the Basement Auditorium at 02:00 p.m. Attendance is compulsory.

Thank you



Dr. Hamsa N  
HOD,  
Department of Psychology




# MOUNT CARMEL COLLEGE, AUTONOMOUS

No. 58, Palace Road, Bengaluru - 560 052

This is to certify that the following students have attended Yoga session conducted by Department of Psychology in the academic year 2016-17.

SL. NO.	STUDENT NAME	SL. NO.	STUDENT NAME
1	ZOHARA JABEEN	31	WANGSHOM KONYAK
2	BHUVANA J	32	AKSHATA CHANDRASHEKAR
3	MADHURIMA L PRASAD	33	ASHNA DILIT THOMAS
4	MARIA SHWETHA J	34	CHANDANA CHANDRAGIRI
5	MERLIN ALPHONSA BOSCO	35	DANICA MARIA THOMAS
6	NAVYA N	36	JESHNA ITTOO
7	ANUSHA S RAO	37	JOANNA SAMANTHA N CUNNINGHAM
8	DIVYASHREE A M	38	OORVASHI SHRAVANI DEVI RAMRUTTUN
9	AMRUTHA R	39	PRIYANKA PETER
10	KEERTHI TANTRY	40	VYDOORYA M
11	AAHELI RAY CHAUDHURI	41	AAFIYA ZACKRIA
12	DONNA KAREN DCRUZ	42	ADONI AYESHA FIRDOSE
13	GAWA CHODEN DADUL	43	AFSHAN TABASSUM
14	GAYATHRI GANESH	44	AMAL SULTANA
15	K C U L A ZINGKHAI	45	ANUSHKA SHARMA
16	LALTLANHLUI	46	ARSHIA AMREEN
17	LEAH ACHAMMA GEORGE	47	ARSHIN SHATAJ
18	MIRIAM COELIN PAUL	48	AYESHA ANJUM
19	MYLACAVE SHREDHA JOSEPH	49	GUNJIT KAUR
20	NICOLE KATHRINE CASTELINO	50	HAFSA KHAN
21	NIKITA FAYE ABRAHAM	51	K S ARSHIYA SAHER
22	NISHA MARY GEORGE	52	LAVANYA KHEMKA
23	RACHEL TANYA THOMAS	53	MARIA ASHWINI PRATHIMA
24	SAMPADA BISTA	54	MARY ANGLEENA
25	SENTIRENLA IMSONG	55	MUKHLISA ANSARI
26	SHEEMA SULTANA	56	NABILA FATHIMA
27	SHWETA G	57	NAFEES FATHIMA
28	SNIGDHA PHUKAN	58	NIVEDITA THELMA PAUL
29	SONAM YANGKYI	59	SAIMA NIMRA HAFEES
30	SURABHI CHANDRASHEKAR	60	SANJANA JENNIFER ROBERT

  
Dr. Sr. Arpana  
Principal



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SL. NO.	STUDENT NAME
61	THEJAS THAYYIL
62	TSETEN YANKYI
63	SUMA N H
64	SYEDA UMME SHAFIYA
65	WAYEZA OROOJ ANWER
66	ANUSHKA B R
67	CHANDRAKANTA S HIREMATH
68	MARY RITHICA K
69	MONICA MALINI E
70	VARSHA M
71	NANCY V
72	SRIVIDYA R N
73	VAISHNAVI V
74	HIRANMAYEE V
75	SHARMISHTA ANGELA MOHAN
76	SIMRAN RATHORE

  
Dr. Sr. Arpana  
Principal