



ST. FRANCIS DE SALES COLLEGE

BANGALORE - 560 100

Drama competition on “ Simplicity and Humility – the Essence of life”

Venue: Open auditorium
Date: 28-03-2015
Time: 10:00-12:00 pm
Organized by: Kannada department
Attended by: UG students.

Technology and modernization might have changed the lifestyle of humans. But technology is able to satisfy only physical needs. It cannot give inner peace. In order to attain peace a simple life without any greed and full of humility is essential.

To impart this knowledge, a drama was organized with the theme ‘Simplicity and humility the essence of life’ "Humility is the foundational cornerstone for realizing the receptive nature of the universe". Humility doesn't shout its characteristics. It is a quiet virtue. We must approach it in reverence. Because it is quiet, we must listen, look, and feel to discern its character," writes Dr. Everett L. Worthington Jr., professor of psychology at Virginia Commonwealth University. In *Humility: The Quiet Virtue*, he presents a thought-provoking and soul-stirring assessment of this disposition which has been modelled by Jesus, the Desert Fathers and Mothers, and a solemn parade of saints. Worthington accentuates the psychological sides of humility, such as nixing narcissism, eliminating entitlement, defeating pride, cultivating an accurate sense of self, and practicing other virtues.

A group of 20 artists exhibited their talent and made the show a memorable event in the minds of students. The play conveyed the message clearly to all in the audience. Humility is the mother of all the virtues and which will also lead people to simplicity. Great men and women who achieved success in life are all simple people who practised humility in their lives. It is imperative to instil in the minds of this generation these great virtues so that a better world can be made for them and for their younger generations.

The response shown by students to this programme is a clear example of their aspiration to live a life filled with humility and simplicity. Those who live a life with these values should be able to

treat everyone equally irrespective of the jobs, social and economic status, colour, race, and creed.

All human beings are just the same.

In a country like India with so much economic and social discrimination, we need our young generation to understand the need for simplicity and harmony


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